

ANNUAL REPORT

2024



Okti foundation
In service of Community

गुरुर्ब्रह्मा गुरुर्विष्णु
गुरुर्देवो महेश्वरः।

गुरुर्साक्षात् परब्रह्म
तस्मै श्री गुरुवे नमः॥



From the Editor's Desk



In the summer of 2025, as Okti enters its 16th year of service, we reflect on a year marked by significant strides in healthcare, particularly in the realm of women's health. The Okti Foundation, steadfast in its mission to serve underserved communities, has not only expanded its outreach but has also aligned its efforts with national initiatives aimed at combating cervical cancer.

In January 2025, the Indian Medical Association (IMA) and the Federation of Obstetric and Gynaecological Societies of India (FOGSI) launched a collaborative effort to train 50,000 physicians, including gynecologists and pediatricians, across Tier 2, Tier 3, and Tier 4 cities. This initiative focuses on enhancing awareness about cervical cancer and promoting the uptake of the Human Papillomavirus (HPV) vaccine, a critical tool in preventing this disease. This initiative builds upon the government's earlier commitment, announced in the 2024 Union Budget, to encourage HPV vaccination for girls aged 9 to 14 years as a preventive measure against cervical cancer.

The Okti Foundation has actively supported these endeavors by integrating cervical cancer awareness and HPV vaccination drives into our medical outreach programs. Okti is proud to share that this year, we visited a red light district in Delhi to do the same on the occasion of World Cancer Day. Our surgical camps have incorporated educational sessions, and our collaboration with local healthcare providers has facilitated the dissemination of accurate information and increased vaccine accessibility.

In this report, we present not just statistics but the human stories behind them—the lives changed, the communities empowered, and the hope restored. As we look ahead, we reaffirm our mission: to reach the unreached and heal those left behind. Let this report serve as both a record of our progress and a call to action. Every small effort contributes to a larger movement, and we invite you to be a part of this journey.



Foreword.....



I consider it my honour and privilege to write this foreword for Okti Foundation. It is with deep gratitude and sincere appreciation that we acknowledge the invaluable support of Okti Foundation in partnering with Kachhwa Christian Hospital to conduct surgical camps for the poor and vulnerable communities of Eastern Uttar Pradesh. Their unwavering commitment to providing equitable healthcare has enabled us to reach some of the most vulnerable populations, delivering life-changing surgical care to those who would otherwise go without the same. Their partnership has particularly benefited the rural women in our region. Every team from Okti that has visited our hospital has been an example of efficiency, patient centeredness and compassionate care. The success of these surgical camps stands as a testament to what is possible when purpose-driven organizations and healthcare institutions come together in service of a greater good. Okti Foundation's involvement has gone far beyond surgical support and funding—they have brought hope, dignity, and healing where it is needed most. Their work reminds us that access to quality healthcare for the poor is not a privilege, but a basic human right. On behalf of our entire hospital team, I extend my heartfelt thanks to Okti Foundation for their partnership, generosity, and vision. We look forward to continuing this meaningful journey together, reaching more lives with compassion and care.

Shankar Ramachandran
Managing Director
Kachhwa Christian Hospital
Kachhwa Road
Uttar Pradesh-231501



ABOUT US

In 2009, a group of professionals, in an effort to give back to society, initiated the concept of conducting surgical ventures in such locations. The Project was initiated in a village called Shillai in Himachal Pradesh where utero vaginal prolapse was rampant. This work was presented in a paper published in the Journal of Midlife Health, "Reaching the Unreached: Mobile Surgical Campus in remote villages of Himachal Pradesh," where the demography & surgical interventions in these patients were studied in detail and a regular work in hilly terrains was initiated on a larger scale.

A unique model of raising funds from family, friends and CSR was combined with recruiting experienced doctors from the city who offered their services as volunteers and with the help of community participation, surgeries were conducted in the village hospitals at low costs. Okti identified village medical centres that had the infrastructure needed to perform specialized surgery, and organized surgical camps with the support of local community authorities.

Under this model, specialized surgical services were brought to the doorstep of the rural poor who could not afford to travel to cities for treatment. Surgeries were performed at heavily subsidized rates, the only cost charged being that for medicine and boarding and that too was sponsored. This meant that people who had been suffering for years to prevent their family from going into debt in order to cover their surgical costs were finally able to get the medical attention they needed. Okti largely focused on performing gynecological procedures; women were given lower priority for receiving medical help compared to the male members in rural households. Patients with genital prolapse either do not report or report late to the clinician due to social stigmata and myths, considering and accepting it to be secondary to ageing. Women residing in remote villages of India suffer from the complications of genital prolapse due to a lack of awareness, resources and fear of surgery. Project Prolapse ended their spell of social ostracization and neglect, bringing back their quality of life. The entire expenditure on surgery and food is borne by the organisation. Not only did Okti bring medical relief to the unreached in India, but it also enabled skill development and capacity building at the village level to create a more sustainable model of aid. Village-level workers were trained in performing life-saving procedures and incorporated into Okti's network of providing aid. They were also trained to identify more serious cases that needed treatment in the cities, in which case Okti brought them to Delhi and bore the cost of their treatment.

To date, the surgical team under Okti Foundation has helped more than 5900 beneficiaries in 124 camps in remote villages of India in a self-sustaining model. The free mobile surgical camps under the Project Prolapse in remote villages of India provided definitive treatment to these women. Health education, care of post menopausal women, approaching trained birth attendants for delivery, delayed resumption to work in the postpartum period, and healthy dietary habits are a few aspects which Okti spreads awareness on to decrease the burden of women in rural India.

JANUARY TO DECEMBER 2024

A. Surgical Ventures

Okta Foundation, Delhi in collaboration with Sant Parmanand Hospital has organized 124 Surgical Camps till date in which 5996 surgeries have been conducted for the underprivileged in society in different locations. In the year 2024, 6 Surgical Venture were organized in which 142 surgeries were conducted. The dedicated team of professionals involved were Dr George Verghese, Dr T C Sharma, Dr Sonal Bathla, Dr Naresh Singla, Dr Uttam Mahapatra, Dr Narjeet Kaur, Dr Shalu Jain, Dr Mohini Agarwal, Dr Anica, Dr Priyanka Thakur, Dr Tenzin, Dr Swati, Dr Parishudh Rao, Dr Chandan, Dr S.K., Dr Angeline, Dr Satya, Dr Betzy, Dr Angel, Dr Twinkle Rathore, Mr Harish, Ms Somlata, Ms Priyanka who supported the cause with their voluntary services.

Sant Parmanand Hospital, Delhi

Jan-Dec 2024

Fourteen poor patients were financially supported in surgeries conducted at Sant Parmanand Hospital, Delhi in 2024. Project Prolapse was also undertaken for Women in Old Age Homes. These women were screened for UV prolapse and operated at SPH supported by the Bill and Melinda Gates Foundation Fund through Mr. Himanshu Nagpal. The operating faculty included Dr. T C Sharma, Dr Kumar Saurabh, Dr Sonal Bathla, Dr Shalu Jain.

Patient List

S.No	Patient Name	Diagnosis	Surgery
1	Amar Singh	Vocal Nodule	Corpectomy
2	Arun Kumar Ghiria	BPE with Urethral Stricture	Urethral Dilatation+ OIU+TURP
3	Chand	Distal Hypospadias	Hypospadias Repair
4	Jadipidi	Term Pregnancy with CPD	LSCS
5	Janu	3 rd ° utero Vaginal Prolapse with Cervical Elongation	Vaginal Hysterectomy with posterior perineorrhaphy with Mccall's Culdoplasty
6	Kanchan Thakur	Secondary infertility	Operative Laparoscopy

7	Manasi Karmi	Prev LSCS with PPROM	LSCS
8	Nargish	Abdominal Koch's	Operative Laparoscopy with Peritoneal biopsy
9	Nitisha	Term Pregnancy with CPD	LSCS
10	Nurul Nisha	Right Gross Hydronephrosis with PUJ Obstruction	Right inferior, Ureterocelelectomy+ DJ stenting
11	Sandeep	Left Uretric Stone	Left URSL+ DJ stenting
12	Suman	3 rd ° UV Prolapse with GR II cystocele and GR II Rectocele	Le Fort Colpocleisis with posterior perineorrhaphy



CIVIL HOSPITAL, JOGINDER NAGAR, HIMACHAL PRADESH

April 2024

A Surgical Venture organized at Civil Hospital, Joginder Nagar, Himachal Pradesh in April 2024 was supported by Pitam Chand Charitable Trust. Surgeries of 20 poor patients were conducted. Dr George Verghese, Dr Sonal Bathla, Dr Narjeet Kaur, Dr Priyanka Thakur, Dr Tenzin, Dr Swati, Mr Harish, Sister Somlata & Sister Priyanka contributed their services to the camp.

S.No	Patient Name	Diagnosis	Surgery
1	Rajvantu	Gall Stones	Cholecystectomy
2	Neetu Devi	Gall Stones	Cholecystectomy
3	Kamla Devi	Gall Stones	Cholecystectomy
4	Sunni Devi	Gall Stones	Cholecystectomy
5	Asha Devi	Gall Stones	Cholecystectomy
6	Hardev	Gall Stones	Cholecystectomy
7	Kali Devi	Gall Stones	Cholecystectomy
8	Raju Jaswal	Gall Stones	Cholecystectomy
9	Chinta Devi	Gall Stones	Cholecystectomy
10	Chaneni Devi	Gall Stones	Cholecystectomy
11	Geeta Ram	Gall Stones	Cholecystectomy
12	Seema Devi	Fibroid uterus	Hysterectomy
13	Shakeena Devi	2 nd Degree Prolapse	Hysterectomy
14	Prem	Uterine Fibroid	Hysterectomy

15	Guddi Devi	Large 3 rd Degree Prolapse with Ulceration	Vaginal Hysterectomy with pelvic floor repair
16	Lalita Devi	2 nd Degree Prolapse	Vaginal Hysterectomy with pelvic floor repair
17	Garibo Devi	2 nd Degree prolapse	Vaginal Hysterectomy with pelvic floor repair
18	Shakuntla Devi	Menorrhagia	Hysterectomy
19	Bhiagri Devi	Acute Appendicitis	Appendicetomy
20	Tej Mal	Direct Inguinal Hernia(right)	Mesh Hernia Repair



Camp @ Joginder Nagar

MAKUNDA LEPROSY CHRISTIAN HOSPITAL, ASSAM

August 2024

A surgical Camp was organised at Makunda Leprosy Christian Hospital in Assam at which forty-seven patients were operated on. The camp was sponsored by the Bill and Melinda Gates Foundation via Mr. Himanshu Nagpal. Forty-seven patients were operated upon by the team including Dr. George Verghese, Dr Sonal Bathla, Dr Parishudh Rao, Dr Chandan, Dr SK, Dr Angeline, Dr Satya, Dr Anica

S.No	Patient's name	Diagnosis	Procedure
1.	Sarana Roy	Cholelithiasis	Open cholecystectomy
2.	Hajera Begam	Stage 3 prolapse with cystocele and rectocele	Vaginal hysterectomy with pelvic floor repair
3.	Ranjit Rudrapaul	Direct hernia	Herniorraphy
4.	Rajia Begam	Stage 2 prolapse with cystocele with completed family	Sacrohysteropexy with Lap tubectomy
5.	Rajkumari Gowala	Stage 4 prolapse	Vaginal hysterectomy with pelvic floor repair
6.	Halima Khatun	Stage 4 prolapse with Cystocele, Enterocoele with rectocele	Vaginal hysterectomy with pelvic floor repair
7.	Ekhlaqur Rahman	Left inguinal hernia	Herniorraphy
8.	Pranati Nath	Stage 4 UV Prolapse with cystocele	Vaginal Hysterectomy with pelvic floor repair

9.	Matiur Rahman	Left Hydrocele	Orchidopexy
10.	Rukiya Begam	Left chest wall Lipoma	Left chest wall Lipoma excision
11.	Khandarai Reang	Urethral obstruction	Urethral dilatation with SPC
12.	Ratna Paul	Stage 3 prolapse with cystocele	Vaginal Hysterectomy with Pelvic Floor Repair
13.	Abajuna Bibi	Cholelithiasis	Open Cholecystectomy
14.	Chufara Begam	Stage IV prolapse	Vaginal Hysterectomy with Pelvic Floor Repair
15.	Karimun Necha Khanam Choudhury	Enterocoele	Pelvic Floor Repair
16.	Abdul Rahman	Cholelithiasis	Open Cholecystectomy
17.	Afiya Begam	Stage II with UV prolapse with Cystocele	Vaginal Hysterectomy with Pelvic Floor Repair
18.	Wahida Begum	Stage 3 prolapse	Vaginal Hysterectomy with pelvic floor repair
19.	Halan Bibi	Prolapse stage IV and cystocele	Vaginal Hysterectomy with Pelvic Floor Repair
20.	Munnalal Tatowa	Cholelithiasis	Open Cholecystectomy
21.	Gainya Bati Reang	Right Non-Functioning Kidney	Right Nephrectomy
22.	Sadana Bishas	Epigastric Hernia	Hernia repair

23.	Abdul Hasib	Acute Appendicitis	Open Appendectomy
24.	Abdul Latif	Right Indirect Inguinal Hernia	Herniorrhaphy
25.	Lili Halam	3 rd Degree Perineal Tear	OASI Repair
26.	Ranjit Turiya	Meatal Stenosis- Probable Sclerosing Balanitis	Urethroplasty with Urethral Dilatation
27.	Hajera Bibi	3 degree prolapse with cystocele	Vaginal Hysterectomy with Pelvic Floor Repair
28.	Neharun Nessa	Goitre- Hashimotos Thyroiditis	Hemithyroidectomy
29.	Imitiya Kayri	Stage 3 Prolapse	Vaginal Hysterectomy with Pelvic Floor Repair
30.	Sofia Begam	Stage 3 Prolapse	Vaginal Hysterectomy with Pelvic Floor Repair
31.	Rina Rani Debnath	Stage 2 Prolapse	Vaginal Hysterectomy with Pelvic Floor Repair
32.	Suriya Bala Debbarma	Right Renal Calculi	Right Nephrolithotomy
33.	Pramila Ghosh	Stage 4 Prolapse	Vaginal Hysterectomy with Pelvic Floor Repair
34.	Mamani Sinha	Right Inguinal Hernia	Hernioplasty
35.	Suparna Devi Jamatia	Fistula	Fistulectomy

36.	Prativa Pal	Abnormal uterine bleeding- Leiomyoma	Total Abdominal Hysterectomy
37.	Minara Begam	Left breast Lump	Tumor excision
38	Gita Ghatwar	Acute Appendicitis	Open Appendectomy
39.	Julius Chorei	Fistula in ano	Fistulectomy
40.	Jiban Malakar	Phimosis	Circumcision
41.	Nandirung Reang	Right Ureteric calculi	Right Ureterolithotomy
42.	Sujit Kumar Sinha	Right Inguinal Hernia	Right Hernioplasty
43.	Ruthi Lalramkim	Abnormal uterine bleeding- Leiomyoma	Open Myomectomy
44.	Ruheela Parbeen	Left Psoas abscess	Left Psoas abscess drainage
45.	Sangram Pati Molsom	Dermoid cyst right ovary	Right Salpingo oophorectomy
46.	Malati Nunia	Perineal Abscess	Excision & drainage
47.	Rubina Begam	Bronchial spasm	Bronchoscopy



SAHAYAK SURGICAL CENTRE MANALI, HIMACHAL PRADESH

October 2024

A Surgical Camp was organised at Sahayak Surgical Centre Manali in which 20 patients were operated. The camp was sponsored by family & friends. Around 20 patients were operated by the team including Dr George Verghese, Dr Betzy, M Somlata, Mr Harish and Ms Priyanka.

Patient List

S.No	Patient's name	Diagnosis	Procedure
1	Kripa Kumari	Haemorrhoids	Hemorrhoidectomy
2	Hukum Chand	Sclerosing Balanitis	Perineal Urethrostomy
3	Anurag	Right upper uretric Stone	Urethrolithotomy
4	Kashmiri	Endometriosis	Vaginal Hysterectomy with BSO
5	Sunita	Cholelithiasis	Cholecystectomy
6	Tulsi	Fibroid uterus	Hysterectomy
7	Mani Ram	Right Uretric Stone	Urethrolithotomy
8	Suresh	Right Uretric Stone	Urethrolithotomy
9	Aprilla	Term pregnancy	C Section
10	Ratna	Uretric+ Kidney Stone	Pyelolithotomy
11	Rajkumar	Gall Bladder Stone	Cholecystectomy
12	Maya	Term Pregnancy	LSCS

13	Lalit	Right Submandibular Duct Stone	Removal of Submandibular Stone
14	Gaurav	Hypospadiasis	Hypospadiasis Repair
15	Mami Devi	Pneumotosis Cystoidies Intestinal	Laparotomy
16	Saroj	Hydrocele	Hydrocelectomy
17	Rozy	Hernia	Hernioplasty
18	Jaitika	Appendicitis	Appendiectomy
19	Laxman	Ingunial Hernia	Hernioplasty
20	Pooja	Tubectomy	Tubectomy



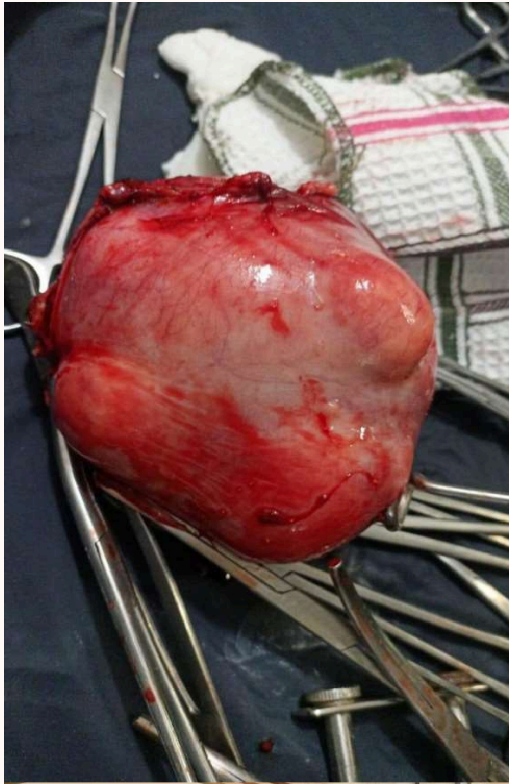
CIVIL HOSPITAL JOGINDER NAGAR, HIMACHAL PRADESH

November 2024

A Surgical Venture was organized at Civil Hospital, Joginder Nagar, Himachal Pradesh in Nov'2024. It was supported by Rotary Club Joginder Nagar, family & friends. Surgeries of 32 poor patients were conducted. Dr George Verghese, Dr Naresh Singla, Dr Sonal Bathla, Dr Narjeet Kaur, Dr Priyanja Thakur, Dr Tenzin, Dr Swati, Dr Anica Bathla Sharma, Mr Sean, Mr Harish, Sister Somlata & Sister Priyanka contributed their services to the camp.

S.No	Name	Diagnosis	Surgery Done
1	Geeta Devi	Gall stones	Open Cholecystectomy
2	Padma Devi	Gall stones	Open Cholecystectomy
3	Rajni Devi	Gall stones	Open Cholecystectomy
4	Hukum Cahnd	Gall stones	Open Cholecystectomy
5	Maya Devi	Gall stones	Open Cholecystectomy
6	Rekha Devi	Gall stones	Open Cholecystectomy
7	Savitri Devi	Left Ovarian Cyst	Open Cystectomy
8	Krishank	Phimosis	Circumcision
9	Kamlesh Thakur	Gall stones	Open Cholecystectomy
10	Meena Devi	Gall stones	Open Cholecystectomy
11	Sarita Devi	Gall stones	Open Cholecystectomy
12	Neelma Devi	Gall stones	Open Cholecystectomy
13	Raj Mal	Gall stones	Open Cholecystectomy
14	Nag Chand	Gall stones	Open Cholecystectomy
15	Kanta Devi	Gall stones	Open Cholecystectomy

16	Anju Devi	Gall stones	Open Cholecystectomy
17	Bindiya Kumari	Gall stones	Open Cholecystectomy
18	Sunita Devi w/o. Kartar singh	Gall stones	Open Cholecystectomy
19	Sarwan Kumar	Gall stones	Open Cholecystectomy
20	Meera Devi	Gall stones	Open Cholecystectomy
21	Kanta Devi w/o. Kushal Thakur	Gall stones	Open Cholecystectomy
22	Subhadra Devi	Fibroid uterus	Vaginal Hysterectomy
23	Sunni Devi	DUB with Dysmenorrhoea	Abdominal Hysterectomy
24	Brahmi Devi	3 rd Degree UV Prolapse	Vaginal Hysterectomy with pelvic floor repair
25	Bimla Devi	Multiple Uterine fibroids	Vaginal Hysterectomy
26	Kalti Devi	3 rd Degree UV Prolapse	Vaginal Hysterectomy with pelvic floor repair
27	Dago Devi w/o. Jai Ram	3 rd Degree UV prolapse	Vaginal Hysterectomy with pelvic floor repair
28	Bhainshru Devi	Gall stones	Open Cholecystectomy
29	Satya Devi	Gall stones	Open Cholecystectomy
30	Santosh Kumari	Complete family	Tubectomy
31	Shyam singh	Inguinal Hernia	Mesh Hernioplasty
32	Urmila Kapoor	Fibroid uterus	Vaginal Hysterectomy



निशुल्क शल्य चिकित्सा शिविर जोगेंद्रनगर

14 नवम्बर - 17 नवम्बर 2024

दिनांक 14 नवम्बर 2024 से 17 नवम्बर 2024 तक नागरिक अस्पताल

जोगेंद्रनगर में निशुल्क शल्य चिकित्सा शिविर का आयोजन, सेवा भारती जोगेंद्रनगर इकाई के सहयोग से OKTI फाउंडेशन दिल्ली द्वारा किया गया। इस शिविर में सेवा भारती जोगेंद्रनगर इकाई के सदस्य पूरे समय अस्पताल में उपस्थित थे। चार



डॉक्टर इस पूरे शिविर में मौजूद रहे, जिन में डॉ सोनल बाटला (Surgeon) दिल्ली से, डॉ. वर्गीश मनाली से, डॉ. हरीश कुल्लू से, डॉ. नवनीत कौर लुधियाना से थे। सभी डॉक्टरों के रहने से लेकर खाने की पूरी व्यवस्था सेवा भारती ने की। मरीजों की ग्लूकोज़ से ले कर अन्य दवाइयों का सारा खर्चा भी स्थानीय इकाई ने किया। चार दिनों के इस निशुल्क शिविर में कुल 33 ऑपरेशन किये गये, जिसमें 15 पित्ते की पथरी, 2 हर्निया और 16 ऑपरेशन बच्चेदानी की रसोली के हुए। पहले दिन में 7 ऑपरेशन, दूसरे दिन 11 ऑपरेशन, तीसरे दिन 11 और वहीं चौथे दिन 4 ऑपरेशन हुए। कुल 7 पुरुष तथा 26 महिलाएं इस निशुल्क शिविर से लाभान्वित हुईं। सेवा भारती OKTI फाउंडेशन का इस आयोजन के लिए धन्यवाद करती है तथा लोगों के स्वस्थ जीवन की कामना करती है।

An Excerpt from the Local Newspaper in Jogindernagar

CHRISTAN HOSPITAL KACHWA, VARANASI

18 to 19 December 2024

A Surgical Venture was organized at Christan Hospital Kachwa Varanasi from 18th to 19th Dec'2024. Surgeries of 10 poor patients were conducted with financial assistance from family and friends. Mr Shankar Ramachandran, Dr Uttam Mahapatra, Dr Shalu Jain, Dr Mohini Agarwal, Dr Angel, Ms Somlata, Mr Sushant contributed their services to the camp.

List of the Patients in Camp

S.No	Name	Diagnosis	Surgery
1	Chintamani	AUB with failed medical management	NDVH with B/L conservation of ovaries
2	Renu	Fibroid uterus	NDVH with anterior colporrhaphy with Mcçall's culdoplasty
3	Reeta Devi	Fibroid uterus	NDVH with Mcçall's culdoplasty
4	Phoolpati	2° UV descent with Gr III cystocele & Gr II Rectocele	VH with anterior colporrhaphy with posterior colpoperinerraphy with Mcçall's culdoplasty
5	Anara	3° UC Prolapse with Gr III cystocele & Gr II rectocele	VH with anterior colporrhaphy with posterior colpoperinerraphy and sacrospinous fixation
6	Savitri	3 ° UC Prolapse with Gr II cystocele and rectocele	VH with anterior colporrhaphy with posterior colpoperinerraphy and sacrospinous fixation
7	Ranjith Kumar Rai	Right Hydrocele	Hydrocelectomy
8	Imran	Cholelithiasis	Laparoscopic cholecystectomy
9	Sarita	Cholelithiasis	Laparoscopic Cholecystectomy
10	Juhi	Sebaceous cyst	Cyst Excision
11	Vinay Kumar Yadav	Sebaceous cyst	Cyst Excision



B. Academic Activities

Video Workshop on Urogynaecology

Video Workshop on Urogynaecology was held on 3 Oct 2024 in the Auditorium of Sant Parmanand Hospital, Delhi. It was organized by Department of Obstetrics & Gynaecology, Sant Parmanand Hospital in association with Sir Ganga Ram Hospital, Delhi to learn various tips & tricks to perform vaginal & urogynaecological surgeries through video sessions. The Workshop was attended by gynaecologist, urogynaecologists and gynae trainees. The event attracted nearly 58 attendees, including senior doctors from both private and government institutes, as well as postgraduate students. The workshop concluded that vaginal route can be safely used for many gynaecological surgical problems with minimum complications and speedy recovery.



1st Masterclass on Vaginal Surgeries

The Society of Vaginal Surgeons of India & Delhi in association with DGF Civil Lines Forum and Okti Foundation, organized the 1st Masterclass on Vaginal Surgeries from January 6th to January 24th, 2025. The program was structured into six modules, featuring 26 lectures. The course was guided by Dr. Sharda Jain, Dr. Manju Puri, and Dr. Kishore Rajurkar with Dr. Sonal Bathla serving as the convenor. The event saw active participation from 70 delegates and 26 faculty members. The course content covered a comprehensive range of topics, including Basic Vaginal Surgeries, Pelvic Organ Prolapse, Nondescent Vaginal Hysterectomy Perineal Surgeries, Surgeries for Urinary Incontinence. This successful model was supported by the IT Department of Sant Parmanand Hospital enabling students from remote locations to attend sessions on various vaginal surgeries. The interactive format allowed for one-on-one discussions with expert faculty, ensuring personalized learning. Each faculty member was a master in their field, addressing delegates queries with precision. The experience was highly gratifying for the faculty and provided a valuable learning opportunity for participants who could enhance their surgical expertise from the comfort of their work place with much less expense. The funds raised from this event were initialized for the surgical camp.



NZ SOVSI India Conference Report

“North Zone Conference of the Society of Vaginal Surgeons of India” was organized by Department of obstetrics & Gynaecology , HIMSR in association with SOVS D on 8th & 9th February, 2025 along with release of “ Gynae surgery module (3rd edition) and Special issue of Pan Asian Journal. Dr Hara Pattanaik & Dr Sonal Bathla represented SOVSI & Dr Kishore Rajurkar & Dr Uma Swain represented the SOVSD.

It was a 2-day event with lectures and panel discussions on the first day and live demonstration of surgeries from OT on the second day. There were 15 didactic lectures and 3 panel discussions on the first day elaborating and analyzing the various aspects of different vaginal surgeries. It was attended and well appreciated by around 200 delegates from different states including faculty. There were around 44 paper/poster/video presentations by candidates from Delhi and outside. All the abstract were published in Pan Asian Journal of Obstetrics & Gynaecology.

The second day had live transmission of 10 different vaginal surgeries distributed over 5 different sessions from the OT. Operating faculty included Dr Hara Patnaik Dr Ashish Kubde, Dr Ashok Todani, Dr Mukesh Rathi, Dr Nikhil Khattar, Dr Uma Rani. The conference was a huge success in terms of not only the scientific deliberations and excellent surgeries but also because of the well organized and executed hospitality and arrangements.



C. Social Causes

Women Health Camp March 2024

Health Camp for women was conducted by Friends of Sant Parmanand in collaboration with Department of Obstetrics and Gynaecology Sant Parmanand Hospital under the aegis of NARCHI, Okti Foundation, Indian Society of Colposcopy & Cervical Pathology, AOGD, DGF Civil Lines & Indian Menopause Society on 5th March 2024. Total of 23 women participated in the health check up & underwent screening for cervical cancer, breast cancer & endometrial cancer by VIA & VILI, clinical breast examination and transvaginal ultrasound respectively. 18 patients had undergone HPV testing. All the patients were tested screen negative. Mammography was done in 3 patients out of which 1 patient reported BIRADS IV. Awareness talks on topics were by the consultants given.

1. Coping up with Menopause
2. Prevention of Cervical Cancer
3. Early Detection of Breast Cancer



Cervical Cancer Vaccination and Awareness Camp

27th November 2024

A Cervical Cancer Vaccination Camp was organized on 27th November 2024 at Sant Parmanand Hospital in collaboration with Innerwheel Delhi 301 & Okti Foundation. The event was organized with the goal of raising awareness about cervical cancer and providing vaccination to prevent the disease. The event aimed at educating the public, especially women and young girls, on the importance of vaccination and screening as a preventive measure against Human Papilloma virus (HPV), the leading cause of cervical cancer & cancer related deaths. This camp was part of an ongoing public health initiative to reduce the incidence of cervical cancer and empower women with the knowledge of preventive healthcare.



Vaccination Coverage and Participation

Targeted Demographics: The camp primarily focused on women and girls aged 9- 20 years, as the HPV vaccine is most effective when administered before exposure to the virus. A significant number of young girls from schools and local community centres attended the event. Mother of these your girls were motivated to get cervical cancer screening done.

Total Vaccinations Administered: 138 participants received the vaccine, with many more showing interest in follow-up doses.

Feedback: The feedback from participants was overwhelmingly positive, with many expressing appreciation for the free service and the valuable information provided during the health awareness sessions.



Conclusion:

By continuing to offer such programs, we can significantly reduce the risk of cervical cancer, develop herd immunity and improve the overall health of women across the region.

Key Highlights of the Event

Vaccination Drive: 138 girls received HPV Vaccination out of which 83 girls received 1 dose and 55 girls received 2 dose. Health professionals provided guidance on the two or three-dose vaccine schedule.

Sensitization of women with awareness lectures was done by Dr Saritha Shamsunder, Dr Sonal Bathla, Dr Sweta Balani, Dr Shalu Jain, Dr Anju Bala, Dr Payal Agarwal.

Thermocoagulator was donated by Innerwheel Club for the treatment of cervical pre cancerous lesions to the Department of Obstetrics & Gynaecology.

AWARDS WON BY OKTI FOUNDATION



Felicitation by DMA, 8 March 2021

Dr Sonal Bathla was felicitated at DMA Bhawan on 8th March 2021 on behalf of Okti Foundation for the social services rendered to the population at large by the team.

Felicitation by Delhi Chapter IMS, FOGSI Midlife and Education Committee in Delhi towards services to women in remote locations and work for Menopausal Health in 2019.



“Compassion Extra Ordinaire” by Sh J P Nadda, honourable Health Minister of India and FOGSI President Dr Jaideep Malhotra for the surgical services and capacity building at remote villages pan India by the dedicated Team of Doctors in 2018.

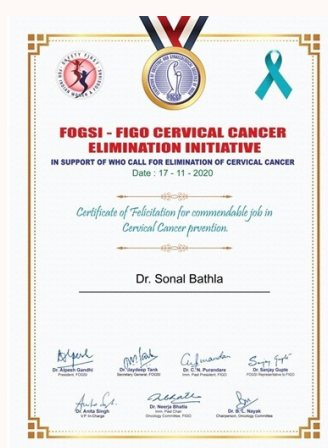
The Okti Foundation Surgical Team represented by Dr George Verghese (Surgeon), Dr Vinod Kalla (Anaesthetist), Dr T.C Sharma (Urologist), Dr Sonal Bathla (Gynaecologist) was nominated for the “Best Surgical Team” Award in South East Asia BMJ Awards in 2018 amongst nine countries and 1595 entries for contribution towards the Surgical Services and Capacity Building in Rural India.



“Woman of the Year Award - 2019” by “Delhi Gynaecologist Forum” and 'Wow India' to Dr Sonal Bathla in 2019 in Delhi for her contributions to the health Sector in India.



FOGSI Dr Duru Shah Community Service Award 2020 was conferred upon Okti Foundation at AICOG Indore in 2022.



An appreciation from FOGSI –FIGO was also received in the year 2020 for the active participation of the organization in the dissemination of awareness, execution of screening and vaccination against Cervical Cancer in remote locations in India.

The Okti Foundation acknowledges the contributions of all the doctors, paramedical staff and community workers for their voluntary services for the cause of humanity. The Financial contributions made by various organizations and individuals, exempted under 12A and 80G, are highly appreciated. The awards conferred upon the organization by various organizations and institutions not only boosted the morale of each and every member of the organization but also enhanced the credibility to the authentic work. It has encouraged many more people to associate themselves to this humanitarian work. The financial contributions for the year 2024 were made by:

DONOR LIST

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Data Compilation : Ms Geeta Gusain, Ms.Rama, Ms Saira Bano
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THE SURGICAL TEAM THAT GAVE SO WILLINGLY OF THEMSELVES,
SO THAT OTHERS MIGHT LEAD BETTER LIVES

Dr Bazliel, Dr George Verghese, Dr ShielaVerghese, Dr T C Sharma, Dr Sonal Bathla, Dr Vinod Kalla, Dr Naresh Singla, Dr PreetiYadav, Dr Raghav, Dr Shailesh, Dr Uttam Mahapartra, Dr Babitha, Mr Harish, Dr Anupam Phlip, Dr Rechal Phlip, Dr Prabhudas, Dr Mandeep, Dr Viju John, Dr Bhawna, Dr Sonal, Dr Chingmak, Dr Raminder Sehgal, Dr Subroto Dam, Dr Nirmala Agarwal, Dr MeenaNaik, Dr Priti Arora Dhamija, Dr Gurpreet Popli, Dr Tanuja, Dr Murali, Dr Daniel, Dr Nirmala Pipera, Dr Sweta Balani, Dr Deepa Agarwal, Dr Tina, Dr Naru, Dr Dinesh, Dr Sampat, Dr Anju Bala, Dr Shalu Jain, Dr Akanksha, Dr Serin, Dr Mittali, Dr Tova, Dr Dolkar, Dr Bhanupriya, Dr Temsula, Dr Arpit Mathew, Dr Prabhu, Dr Novin, Dr Ravi George, Dr Josy, Dr Narjeet Kaur, Dr Mohini Agarwal, Dr Anica, Dr Priyanka Thakur, Dr Tenzin, Dr Swati, Dr Parishudh Rao, Dr Chandan, Dr S.K., Dr Angeline, Dr Satya, Dr Betzy, Dr Angel, , Dr Twinkle Rathore, Mr Shankar Ramachandran, Mr Dilip, Mr Harish, Ms Raksha, Ms Somlata, Ms Dolma, Ms Priyanka, Mr Sushant.



Okti foundation
In service of Community

Dr Sonal Bathla & Dr George Verghese

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